

Health and Wellness Committee Agenda 6/6/23

FRCS school wellness committee is an action-oriented advisory group that focuses on the health and well-being of students, staff, and families in a school community. The school wellness committee implements the district wellness policy and leads other health-related initiatives.

Goals:

- Promoting healthy behaviors
- Maintaining a healthy operations and environment
- Staff and student wellness
- Preparing for next school year

Updates: Review of School Wellness policy; <https://4.files.edl.io/2d09/03/25/19/232016-4363b411-65e4-44b4-9ea7-a5d0a7fc53e2.pdf>: Committee members to review and submit proposed changes prior to meeting 6/6/23

Facilities:

Building and Bus Safety and plans:

Safe routes to school evaluation. Will review 6/6/23

Proposed new school security options

Nursing:

Food services:

Health and PE classes:

Concerns over leaks in the ES gym roof. Follow up

Coordinated return to fitness programing

Outdoor PE space

Athletics:

Updates:

Staff Wellness:

Programming for next school year

Mental Health Team:

Documentation system : SNAP for counselors

Proposed uniform calming corners in every elementary classroom

Student Life / Activities and Events:

New Wellness club LEGO – update

Green Schools:

Updates:

Other concerns:

Meeting dates for upcoming school year